

## National Defence Headquarters (Carling)

### ADDRESS

- [3500 Carling Ave](#)

### ACCESS / PARKING

- Do not enter through Moodie Road.
- Enter through Carling Avenue using the 'Northern Access' road, then turn right onto Murmansk Run Rd and follow the road to the parking lot.

### DIAMOND AND SPORT FIELD ORIENTATION

- To get to the fields from the parking lot, choose either the pedestrian path (most recommended) or the path through the bushes.
- Diamond #1 - The western-most diamond, closest to Sports Field #2
- Diamond #2 - The eastern-most diamond
- Sports Field #1 - The northern-most field, closest to Carling Ave.
- Sports Field #2 - The middle field in between #1 and #3
- Sports Field #3 - The southern-most field, closest to the parking lot

