



Sport & Social Club General Rules

SCORE REPORTING

- Team captains are responsible for reporting the scores after your game through the SSC website. Teams have a 48-hour window to report scores after the completion of the game. Please be timely with your score reporting so league standings can remain updated for playoff positioning.

STANDINGS/SCHEDULES

- Players can view league schedules and standings by logging into your player profile and clicking on 'Schedule and Standings'.

PLAYER ELIGIBILITY

- All players must be added to the team roster by the team captain. This process confirms that all players have agreed to our policies and online waiver.
- Substitute players are allowed; however, they must be added to the team roster. Adding a substitute player from another team in the same league is allowed, however, regular/consistent use of a substitute player in the same league is considered unsportsmanlike and not encouraged.
- For a player to be eligible for a playoff game, the following criteria must be met, or the team will default the game:
 - Be on the SSC online team roster.
 - Play a minimum of two regular season games in a 6–10 week season, or three regular season games in an 11–14 week season.
 - Play for only one team per league/pool in playoff games. If a player plays for two teams, the second game will be defaulted.

DEFAULTS

- A default will occur if a team cannot field a squad by 15 minutes after the official start time. If a team does not meet the standard eligibility requirements, team captains must confirm the outcome prior to starting the game. Captains may agree to waive the rules regarding eligibility requirements. If it is agreed that the game counts, it counts! In the event there is a default dispute, and the game was played, the SSC ruling is that the game counts.
- In the event of inclement weather, follow our SSC foul weather policy available on the website and the sport specific instruction below.

ROUGH PLAY & PLAYER CONDUCT

- It is recognized that incidental contact between players is inevitable – however, all players should go out of their way to avoid creating unsafe play.
- Any unsportsmanlike conduct may result in immediate expulsion from the league. This includes, physical or rough play, verbal abuse, damage to facility property and/or loss of facility permit. Fighting will result in immediate expulsion from the league. View our complete Unsportsmanlike Conduct policy on our website.
- Drinking alcoholic beverages, use of drugs and smoking at your game site before, during, or after your game is strictly prohibited. Offenders will be asked to leave the league without refund. No Exceptions.

GAME COORDINATOR (GC) ON-SITE SSC LEAGUE REPRESENTATIVES

- A Game Coordinator (GC) presence is dependent on sport, season, and/or facility locations. They are not referees, as all games are self-officiated. They are on-site to be a neutral supporter of both teams, clarify rules, manage equipment, start/stop games, and to inform players of league news.
- A Game Coordinator may stop a game before the full time has expired due to overly aggressive play, persistent unsportsmanlike conduct, or a general violation of the rules of the game.

Sport & Social Club Ping Pong Rules

OBJECTIVE	<ul style="list-style-type: none"> The overall objective of the game is to win the match by winning more points than your opponent.
GAME LENGTH	<ul style="list-style-type: none"> Games are 55 minutes in length. Games start and end according to your online SSC schedule. If games start late, games must finish at the scheduled time (e.g. 6:15pm-6:55pm).
EQUIPMENT (MANDATORY)	<ul style="list-style-type: none"> Players are required to bring clean, light-soled footwear for each game. SSC plays in a professional facility with a rubberized & high contrasting coloured floor and indoor shoes must be worn at all times. Players are required to bring their own paddle. SSC provides the ping pong balls.
PLAYERS	<ul style="list-style-type: none"> Teams are comprised of 1 player. Players are required to find their own substitutions (please talk to the SSC office and/or Game Coordinator to access the substitutes list). There are no gender requirement for this sport. All games are self-officiated.
GAME STRUCTURE	<ul style="list-style-type: none"> Players will flip a coin or play rock-paper-scissors to determine which team will serve first. The other team will choose the side of the table they wish to play on. Teams will play 4 games (each game is a best out of 3) per evening match. Scores should be entered on the SSC website as follows: 2-0, 2-1, 0-2, 0-2. Do not enter the total number of points per match. Match will consist of 4 Singles games. <ul style="list-style-type: none"> Format: <ul style="list-style-type: none"> A1 vs. B1 (Singles) (best 2 of 3) A2 vs. B2 (Singles) (best 2 of 3) A1 vs. B2 (Singles) (best 2 of 3) A2 vs. B1 (Singles) (best 2 of 3) League standings can be viewed online by logging into your player profile.
GENERAL GAME RULES	<p>Standard ping pong rules apply to all SSC games. Notable exceptions are listed below:</p> <ul style="list-style-type: none"> All games are played to 11 points. The scoring margin must be at least 2 points to win a game. Each player on a team may serve 2 consecutive times at which time service switches to the opposing team. 'Legal Service' is when the server throws the ball vertically upwards, without imparting spin, so that it rises at least 16cm after leaving the palm of the free hand. As the ball is falling the server hits it so that it bounces in his or her court first before going over the net. In Singles, the ball is server over the net to either side of the table. If a serve hits the net and lands on the opponent's side, it will be considered a 'let' and the serve will be repeated. There is no limit to the number of 'lets' permitted during service.
PLAYOFFS	<ul style="list-style-type: none"> Team playoff position: Ties in the standings will be broken first by head-to-head play. If there are more than 2 teams that are tied, all the teams must have played each other in order for the results to go to head-to-head. Otherwise, least points against, then +/-, then most points for will determine the placement in that order. The SSC office will update the playoff schedule once all scores have been submitted and after the last regular season game. Please do not assume the time/location of your playoff game until team names have been posted into the schedule.

REMEMBER... ALWAYS HAVE FUN!